

# Diversity & Inclusion Seminar for Students and Graduate Students “Raising Your Awareness to Counter Unconscious Bias”

Tips you  
can use in  
any  
situation!

Learn to notice unconscious bias so you can improve your communication skills and interpersonal relationships!

## Seminar Content

- Understand what unconscious bias is
- Notice the unconscious biases of yourself and others
- Learn to be flexible and open to different opinions and viewpoints in everyday life

## Speaker

### Dr. Hideya Kitamura

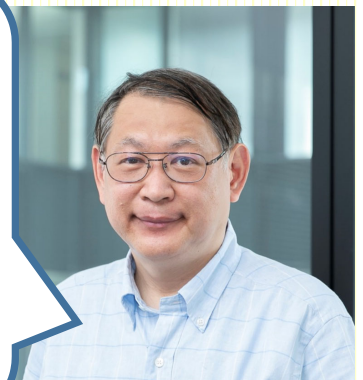
Professor, Department of Social Psychology, Faculty of Sociology, Toyo University

Areas of expertise: social psychology, psychology of emotion

Books: “Social psychology as Revealed through Evolution and Emotion” (Yuhikaku), “Why Do Prejudice and Discrimination Occur?” (Chitose Press).

Dr. Kitamura has given numerous lectures and seminars on diversity and unconscious bias throughout Japan.

In this seminar, we will delve into the essence of what is important so that we can feel comfortable with each other at university or at work.  
We must be aware of these unconscious biases that all of us hold!



<https://forms.office.com/r/AEk8bxNMLL>

**Date/Time:** Thursday, October 17, 2024  
16:30 - 18:00



Apply from this QR code or URL

**Deadline**  
10/10 (Thu)

You can also  
join online!

Learn how unconscious bias affects our daily lives and learning environments.  
**Apply now!**

\* Students can opt to use the automated translation function to convert the speaker's remarks into English text. Please note that this is a machine-generated Japanese-English translation, so the accuracy cannot be guaranteed. Thank you in advance for your understanding. We also plan to provide an English translation of the handouts.

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Office of Diversity and Inclusion Promotion